

Supervision/Insurance

Participants will be supervised by the coaches and camp staff. It should be noted that all participants are expected to carry their own medical insurance. Viterbo will also provide an excess comprehensive medical insurance plan for participants. This plan covers all athletic-related accidents your child may incur during instructional sessions in camp.



Quick Facts about the Clinic

- Our clinic has purposely been scheduled before your High School season starts. Take advantage of the quality instruction and use the Viterbo Softball Clinic as a spring board into your tryouts!
- Individual instruction based on athlete's needs.
- We emphasize fundamentals at all of our clinics, whether it be introducing them for the first time or fine-tuning.
- Clinic T-shirt for every athlete!
- The clinic is made affordable for everyone, but still has great coach to athlete ratio.
- Use of two full gyms with an indoor batting cage.

What To Bring/Wear

- Glove
- Athletic Shoes
- Shorts & Sweats
- T-shirt & Long Sleeves
- Bat (optional)
- Catchers Gear (if applicable)
- Lunch (will break from 12-12:45pm)
- Water bottle

Facilities

The camps will be held at Viterbo University in the VAC. Registration will take place in the lobby. There is plenty of room to spread out and go through all infield and outfield drills. Get plenty of reps in the batting cage and work one on one with collegiate players!



Directions to Viterbo University

900 Viterbo Drive, La Crosse, WI 54601

From North (Galesville Area): US-53 S becomes WI-157 E. Turn Right onto WI-16 W. Turn Right onto La Crosse ST/WI-16. Turn Left onto West Ave N/WI-35. Turn right onto Jackson ST/WI-33. Turn right onto 9th St./Viterbo Drive.

From East out of Sparta: I-90 West toward La Crosse. Merge onto US-53 via Exit 3 toward Historic Downtown La Crosse/La Crosse/ AMTRAK Station. Continue on 3rd St. N. Turn left onto Jackson ST/WI-33. Turn Left onto 9th St./Viterbo Drive.

From South (Coon Valley): Follow Hwy 61 North for 12 miles (from Coon Valley). Turn slight right onto US-14/61. Turn right onto West Ave S/W-35 N. Turn left onto Jackson ST/WI-33. Turn Right on 9th St./Viterbo Drive.

Please park in lot and follow signs to check in. If you need assistance with direction on the day of, please call 608-780-4356.

VITERBO UNIVERSITY



Fast-pitch Softball Clinic

February 11, 2012

9am– 4pm



Camp Staff



Head Coach, Andrea Tsilis is in her fourth year at Viterbo University. Tsilis played at UW-La Crosse from 2000-2003 where she was an all-conference catcher. A three time All-WIAC selection, Tsilis still ranks: 12th in hits (130), 5th in home runs (10), 4th in triples (9), 3rd in doubles (33), tied for 8th in RBI (68) and 5th in batting average (.355) in the UW-La Crosse record book. Tsilis also started locally at Sparta High School where she played under former V-Hawk softball assistant Len Hynek.

2011-2012 V-Hawk Softball Team

Assistant Coaches

Doug Gardner
Brandon Meiners
Jenna Strait

Members of the 2011-2012 softball team will also be part of the clinic staff assisting in the fundamentals of throwing, fielding, pitching, catching, base running, hitting and bunting.



Photography by Nate Beier

Basic Skills Camp

Join us this winter for the highest quality softball instruction available. We offer clinics for athletes of all ages. It takes hard work, dedication, and love of the game to become the best softball player possible, and we can help. The Viterbo V-Hawk Softball Program offers top notch instructors to aide you in getting all the preparation needed before your season rolls around. Participants get the personal instruction needed to improve in specific areas, including physical, mental, and strategic aspects of the game. Join the V-Hawks this winter for a fun learning environment. Coaches and Parents are welcome.

The Coaching staff will help each individual player become successful offensively by focusing on all components of hitting, slapping, bunting and base running. The camp will also break down defensive strategies, fielding ground balls, fly balls, as well as position field work.

Cost: \$40.00 per athlete

Deadline Friday February 3rd

Grades: 6th—12th



Viterbo V-Hawk Softball

Clinic T-shirt Provided!

2012 Basic Skills Clinic

Make checks payable to "Viterbo University Softball"

mail to: Andrea Tsilis—900 Viterbo Drive, La Crosse, WI 54601

Name _____

Address _____

City: _____ State: _____ Zip: _____

Home Phone _____

E-mail: _____

School: _____ Grade: _____

T-Shirt Size (Adult Sizes): XS S M L XL

I request that you accept the application for enrollment of my daughter in the Viterbo Softball Camp, held at Viterbo University, for the dates specified above. In consideration of your acceptance of her application, I hereby release Viterbo University, their employees and board of directors from all claims on the account of any injuries which may be sustained by my daughter while attending the camp. I agree to indemnify and hold Viterbo University and their employees harmless for injury and expense, including costs of defense, which may result from activities associated with participation in softball camp. If medical attention is required for injury or illness for the above named applicant, I give my permission for such medical care; and I take full responsibility for payment of such medical care.

Parent/Guardian name printed: _____

Parent/Guardian signature: _____

Insurance Company: _____

Method of Payment:

- Enclosed Check payable to Viterbo University Softball
- Visa
- MasterCard

Credit Card # _____

Signature _____ Exp. date _____

Questions, Comments,
Concerns? Please contact:

Head Softball Coach
Andrea Tsilis

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La Crosse, WI 54601

Phone: 608-796-3129

Fax: 608-796-3818

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E-mail: amtsilis@viterbo.edu